



# How DOES she do it? Botox in the neck, hair pieces, physio for the aching joints... Christie Brinkley admits looking this good at 61 is hellishly hard work

- American model and actress has revealed her top tips for looking good
- Botox in the neck, fillers and laser treatment all help youthful appearance
- 61-year-old also recommends non-surgical ideas such as hair extensions

By CHRISTIE BRINKLEY FOR THE MAIL ON SUNDAY  
PUBLISHED: 17:14 EST, 14 November 2015 | UPDATED: 19:54 EST, 14 November 2015

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Has she, or hasn't she? That is the big question. And here is the answer: only your dermatologist should know for sure. Last year, an American magazine decided to celebrate my Big Six-O by placing me on their cover in a bathing suit. And ever since, people have been saying 'I'll have what she's having', while others proclaim that '60 is the new 30!'

What am I doing right? Well, for one thing I am always interested in what might benefit my skin. Now, at 61, I've dabbled in several treatments, with varying degrees of success. I have outlined them, along with hundreds of other insider tips – from diet and exercise, to make-up and hair tricks of the trade – in my new book, Timeless Beauty.



The American model and actress has revealed her top tips for looking good. They include Botox in the neck not forehead, fillers, laser treatment and extensions to combat hair loss



There are so many ways to give your face or body a fresh new look, from injections to replace volume, to lasers, radio waves, light waves, and even treatments that use growth hormones from your own blood to generate new cells.

I am not a doctor, and I don't claim to be any sort of expert, so the last thing I would want to do is recommend that you try (or avoid) any one particular treatment. Those decisions should be between you and your doctor. But what I can do is share some information about what treatments are available, to help you make the right choices for yourself, and the bottom line is on a few things I have had done

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to help you make the right choices for your skin, while telling you in on a few things I have had done myself...

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Botox... in the neck!

Having Botox injected into my forehead was a disaster. Looking back, I don't even know why I bothered. Instead of making me look serene and relaxed, Botox took the arch out of my eyebrows and made me look sad. My face lacked expression and I couldn't wait for the effects to wear off. I never tried it again in my forehead.

But more recently, I noticed vertical bands in my neck that were particularly obvious with side lighting. I didn't like them, so I enquired about what could be done, and apparently the easiest way to address this issue was to inject small amounts of Botox into the 'strings' in my neck.

It worked wonders to relax those muscles and it also tightened my double chin area and jawline. The best part is that you don't have to worry about any expression being lost or changed.

Botox is a type of drug called a neuromodulator – other brand names include Xeomin and Dysport. It works by temporarily stopping the muscle contracting by interfering with the nerve messages going to them. Results are visible within 48 hours, and last from three to six months.

Beware doctors who use too much, as this can cause eyebrows to droop (which is what happened to me) or lift too much, which creates a surprised look.

Fill, don't stuff

I have used fillers in super-tiny doses, and just like make-up, the best ones are imperceptible.

Dermal fillers are gels that are injected beneath the skin surface. As their name implies, they are used to fill in places that have lost volume due to ageing.

That means they are effective not only for filling up wrinkles and indented scars, but can also restore volume to the cheeks, hands and other areas that have lost their youthful fullness. Results are immediate and can last six to 12 months.

Used well, they can give the overall face a lift and also diminish fine lines. I've used them on an indentation on my forehead – the legacy of a playground accident – and also on marionette lines around my mouth. But you must use a very small amount because over-filling removes contours and gives you a flat face.

If you have a pockmark, a wrinkle that you feel distracts from your look, or a scowl that does not reflect your attitude, fillers can be a good solution.

A light refresher

I've also tried a laser treatment that was nothing short of miraculous. Last summer I got a rash from brushing against poison ivy and was left with noticeable discoloration on my face. After just a few treatments with a Clear + Brilliant laser (which wasn't painful and didn't make my skin more red or flaky), my skin tone was back to normal.

The process also stimulates your body to produce collagen, the naturally occurring protein in the skin that gives it firmness and elasticity, so I get the added bonus over time of my face looking fuller and more youthful.



WHY INJURIES SHOULDN'T STOP YOU



I've noted some of my major mishaps on this photo of me as Roxie Hart, from the hit musical Chicago

The list of injuries I have suffered over the years is fairly impressive, but I've always been determined not to let them get in the way of doing the things I love.

I've noted some of my major mishaps on the photo of me as Roxie Hart, from the hit musical Chicago, above.

loss as he speaks about Martin Scorsese's expectations for new film Silence



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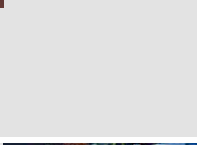
►Hats off to her! Millie Mackintosh teases fans with yet another nude snapshot... but covers her modesty with stylish accessory Certainly not shy!



Nick Robinson reveals ►he is having daily coaching to help his voice recover from cancer treatment as he apologises to listeners for 'croaky' debut



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►Irina Shayk looks snug in stylish shearing jacket as she cuddles up to boyfriend Bradley



I've had doctors urging me to get a hip replacement, and shoulder surgery. But then I found a much simpler remedy: physiotherapy.

My therapists have taught me how to continue exercising, but how to do it correctly, and not cause my body any more damage. Even if you're not injured, it's worth having a few sessions.

- 1. THE BIRD INCIDENT:** Trying to save a wounded bird, I tripped, tore a muscle and severely bruised the bone near my left eye.
- 2. THE BOATING ACCIDENT:** I was sitting on the back of a motorboat when a rogue wave threw me headfirst into the wall of the pilot house, causing a compressed disc in my neck.
- 3. THE WEIGHTLIFTING INJURY:** Ruined my rotator cuff, the inner shoulder muscle.
- 4. MY COMPETITIVE INSTINCT INJURY:** Recently, I aggravated an old shoulder injury trying to keep up with my daughter Sailor in an exercise class.
- 5. THE PLAYGROUND FALL:** During a skipping race, I fell and broke my arm in two places.
- 6. THE TUMBLEWEED TUMBLE:** I fell off my horse and landed on my tailbone... broken!
- 7. THE CHAIRLIFT ACCIDENT:** The sign said 'Keep tips up'. I didn't. My tips slipped under the snow and almost pulled my leg off, leaving me with a torn hip joint.
- 8. THE HELI-SKI CRASH:** It was a brush with death that left behind scar tissue and bruising.
- 9. THE PYJAMA INCIDENT:** Last year I broke my left foot by running full steam ahead and getting my big toe tangled in my pyjama leg.
- 10. THE TRAMPOLINE INCIDENT:** While doing flips, my leg went through the springs and I broke my foot.

Non-surgical lifting

Skin-tightening devices that use radiofrequency waves, such as those in the Accent, Pelleve, Thermage and Tripollar ranges, can do amazing things without any surgical lifting. These machines deliver energy deep into the skin to heat it and stimulate collagen production.

Results develop over a period of two to six months after treatment and can last a year or more.

I tried Tripollar for wrinkles above my knees. The treatment sounded too good to be true and felt like a hot stone massage. However, the faint horizontal lines above my knees were indeed gone afterwards. This is something I would try again.

When it comes to cosmetic treatments, there is some truth to the old adage: 'No pain, no gain.'

Injections, lasers, and energy treatments are rarely completely pain-free. But the good news is that any pain involved is usually minimal, rarely lasts much longer than the treatment itself, and can be easily mitigated with the right pain-relief treatments. Your doctor should be able to advise on steps to take before your procedure.

To minimise bruising from injections, you need to stop taking any medications or supplements that thin your blood. Cut out aspirin two weeks prior to your appointment, and starting two to three days before treatment, skip any ibuprofen or other non-steroidal anti-inflammatory drugs, fish oil, Vitamin E, ginkgo biloba and alcohol.

Tweak, but don't correct

My attitude is: if something bothers you, it's OK to tweak it. Don't like your grey hair? Cover it up (or even make it pink and purple if you choose).

And the same goes for wrinkles, sagging and discoloured skin. Younger women should try to see keeping their skin beautiful and healthy is a process of maintenance, rather than correction.

With today's menu of cosmetic treatment options you can pretty much pick and choose which things bother you, and do something about them. We could have a whole discussion here about the external pressure we all face to look a certain way. But hopefully you are not choosing a medical procedure as a way of becoming something or someone you are not.

The best results are not total transformations but nearly imperceptible changes that just make you look like a slightly younger version of you. This is an area where less really is more.

Find the right doctor

I'm fortunate enough to have access to some of New York City's top dermatologists, but not everyone does. So what do you do? First, check credentials. Ideally, you'd initially see a consultant on the General Medical Council specialist register. Accreditation with a professional body such as the British Association of Aesthetic Plastic Surgeons is also desirable.

Find out everything you can about the treatment and its results – a good resource is realself.com, where people can post their own honest reviews about cosmetic treatments.

Don't shop just on price, as this can lead you to an inexperienced practitioner. Disfiguring burns and pigmentation from lasers, fillers that cause painful infections, and counterfeit products are just a few dire consequences.

*Timeless Beauty: Over 100 Tips, Secrets, And Shortcuts To Looking Great*, by Christie Brinkley, is published by Grand Central Life & Style, priced £19.77

Christie Brinkley stuns in whi...

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BRINKLEY'S "TIMELESS BEAUTY"

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Cooper on winter walk around New York City  
Reunited lovebirds



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▶ Olly Murs faces backlash after announcing X Factor result BEFORE public vote was revealed - as show gets fewer viewers than Countryfile



▶ Rapper T-Pain brands Diddy 'the biggest pain in the ass' he's ever worked with  
Rapper who has collaborated with many stars was VERY candid



▶ Miranda Kerr flashes her rock-hard abs in navy crop top and figure-hugging pleated pencil skirt as she kicks off the festive season in New York City



▶ She even appears thin in stripes! Slender Nicole Richie pulls off a look that would make most women seem thicker as she shops with kids



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▶ Doting mum Abbey Clancy shares cute picture of slumbering daughter Liberty as she enjoys morning stroll  
Sweet photo of five-month-old baby



▶ Kym Marsh covers up in a leopard print top during family outing with boyfriend Matt Baker and her daughter Polly... as she unveils new fitness DVD plans



▶ Making a quick exit after clogging the toilet, saying 'I love you' too soon, and trying Beyoncé-inspired positions: Women reveal worst hookups



▶ They're married! Supergirl star Laura Benanti and new husband Patrick Brown flash their wedding rings after tying the knot in New York City



▶ Madonna cuts a downcast figure as she leaves Sweden following tearful on-stage tribute to victims of Paris attack  
Broke down in tears



▶ Khloe reveals Caitlyn will not be spending Thanksgiving with the Kardashian-Jenner clan because 'she's working'  
But will be there for Christmas



▶ 'They bring so much happiness in my life': Simon Cowell teams up with beloved pet dogs in remarkable Rankin photo shoot  
Dotes on his pooches



▶ Do blondes have more fun? Caroline Flack shows off newly-dyed platinum locks as she leaves X Factor with a bouquet of flowers  
Happier than Olly!



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Dr Schumm, Manchester, United Kingdom, 16 minutes ago

actavis cough syrup, nembutal, dilaudid etc here email: ladyarzt@gmail.com for more info


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jaj910, anywhere, United States, 37 minutes ago

Thank you, Christie! I've always admired you and how well you've taken care of yourself. You always look fabulous, without looking overdone or obvious. I like your approach.. as less is more. You are very generous in letting us in on your secrets. You are beautiful... obviously in appearance, but in your generosity as well.


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tangerinedream, Dry Heat, United States, 1 hour ago

So it's not just her beauty line of firming and lifting creams that did it. It was the trips to the dermatologist for injectables and fillers.


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gaffer-grl, NYC-USA, 4 hours ago

Whatever she has done or NOT done is her biz--she looks amazing. She has admitted to "tweaking" she is apparent since she still looks like herself and NOT over zealous injecting/fillers/surgery like The Kards/Jenners.

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Levine's shaved head on Live! With Kelly And Michael




Prince cancels his European concert tour in wake of Paris attacks as he joins other stars toning down appearances after the tragedy




'You can't force things': Kate Hudson explains why her previous relationships have not worked... as she insists she's single Told Harper's Bazaar




Jasmin Walia shares sexy behind-the-scenes snap of her peachy derriere as she shoots lingerie calendar Ex-TOWIE star posted a sexy mirror selfie




Myleene Klass wraps up in a cute cobalt coat with leopard print trim as she makes a stylish arrival at work The presenter, 37, looked very chic




Meet the parents! Heidi Klum, 42, takes boyfriend Vito Schnabel, 29, to Malibu sushi lunch with her mom and dad as well as her four kids Family day out




Racy in leather Demi Lovato hits a high note with spine-tingling cover of Adele's hit Hello Sang a spectacular cover in Seattle over the weekend




'F\*\*\* you': John Oliver launches expletive-laden rant the Paris terror attackers promising 'you won't win a war of culture and lifestyle with France'




Former Coronation Street star and Bollywood acting icon Saeed Jaffrey dies at 86 from a brain haemorrhage A Passage To India star




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Denise Welch reveals how therapy helped her beat a sugar addiction after giving up alcohol - and she's now lost two stone Slimmed down




Ex Made In Chelsea star Ashley James rocks stylish outfit as she steps out for first time since claims she's being 'romanced' by David Walliams




Rita Ora struts with defiance in her bizarre jacket as she leaves The X Factor studios... after sending Twitter into a frenzy for 'forgetting her trousers'




Cheryl Fernandez-Versini highlights her black dress as she emerges from X Factor studios with Girls Aloud pal Nicola Roberts




Jennifer Love Hewitt rocks double denim as she dotes on daughter Autumn during outing in Malibu Had her hands full with two children



Adele looks chic and cosy as she steps out in New York... after admitting that a track on her new album is a 'f\*\*\*-you song' aimed at her ex-boyfriend



Kate Moss shows off her style credentials in chic fluffy black jacket



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deemd, DC, United States, 4 hours ago

yes looks good ,she has not been seen for years now all over the place I am really sick of people trying to sell their books seriously who's going to buy it.

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jonnyb88, london, United Kingdom, 4 hours ago

I still would. Not everyday you get a lady with amazing eyes and a beautiful smile in one.

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chgzplz, Atlanta Ga, United States, 7 hours ago

She looks gorgeous, no matter what shes had done.

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Poodleburger, West Molesey, United Kingdom, 8 hours ago

glad she isn't my granny I would fancy her

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Poodleburger, West Molesey, United Kingdom, 8 hours ago

yes she looks amazing but oneday she will have to accept she is 60 and a woman can still look beautiful at 60 without all the beauty treatments

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JannaM, CA USA, United States, 7 hours ago

She doesn't want to look like your average beautiful 60-year old. She wants to continue to look like "Christie Brinkley".

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whinewine, guildford, United Kingdom, 11 hours ago

here we go again !!!! clever light and make up ! Check out the gross hands ! True horror like must women her age ! Boring now.

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Long pregnancy...

They shall go to the ball: Russian debutantes dazzle in

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Ready for long-haul

►... as sister Kylie Jenner shows up for 14-hour flight to Australia in tight leather pants and midriff-baring top

Not exactly comfortable for travel

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husband reddy Landau after 11 years of marriage  
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The 50-year-old showed she's as sexy as ever



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Quality time with his boy



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A misguided action



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One yummy mummy



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Grace said 'off-screen'



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Watching her man



Up, up and away! Doting mother Reese Witherspoon grins with glee as she whizzes sweet son Tennessee through the air on family day out



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Always camera-ready



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during the Paris terror attacks  
Killed in gig massacre



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►Liz Hurley sparks rumours of rekindled romance with ex Shane Warne as pair flirt on Twitter ahead of her watching him play at All Stars cricket match




►A model family! Cindy Crawford brings husband and children to Ed Sheeran's star-studded charity benefit show in Malibu Party with a cause




►Lady and the trampoline! Katie Holmes takes Suri for fun day out at gymnastic jumping centre  
Katie sipped coffee as she spent day with Suri




►'Pure love': Mariah Carey gets a kiss from four-year-old twins Moroccan and Monroe as ex Nick Cannon teaches them to DJ




►Peter Andre looks dapper in a waistcoat as he's joined by his gorgeous wife Emily MacDonagh ahead of Strictly Come Dancing appearance



►Party time! Alessandra Ambrosio takes daughter Anja to children's birthday bash days after walking Victoria's Secret runway  
Back to normality




►Adam Levine unveils new ink of mermaid clutching a skull as Maroon 5 frontman gets a house call from his favourite tattoo artist  
Loves body art



►Where's your honeymoon glow? Rylan Clark looks glum as he prepares to jet off on post-wedding day holiday with new husband Dan Neal




►To swooning female fans, he was the sexiest star in Hollywood. But as these riotously unbuttoned memoirs reveal, Burt Reynolds's romantic career had been FAR from smooth




►Set to sizzle! Jennifer Lopez gets in a sexy mood as she rehearses for her big night at the American Music Awards  
Putting in the hours to make sure it is perfect



►Amy Adams goes make-up free as husband and cute daughter Aviana pay her a visit on the set of new movie Nocturnal Animals




►Carey Mulligan and Elizabeth Banks cuddle up as they discuss life in the acting world at Variety event




variety event

New mother Carey looked sleek in black




▶Thigh's the limit! Honoree Taraji P. Henson sizzles in daring slit black dress as she arrives at VH1 Big In 2015


Showed off her curves



"Works of art!": Justin

▶Bieber fans rejoice to him pulling a Beyonce and releasing 13 music videos for Purpose... but he is only featured in two







▶Chic mama! Rebecca Gayheart, 44, looks glam even in a cozy old sweater as she takes her two kids and husband Eric Dane to a party

▶Still in the honeymoon phase! Julianna Margulies cuddles up to husband of eight years Keith Lieberthal at New York City gala

Keeping love alive




▶Julie Graham puts on daring display in busty silver dress at the Scottish BAFTAs as she returns to the red carpet after husband's tragic death




▶Shannen Doherty makes first red carpet appearance since announcing breast cancer battle

Bravely stepped out in public




▶She looks like a New Girl! Zooey Deschanel shows off her flawless post-pregnancy physique on day out with husband in LA

Gave birth in July




▶Switched on! Leggy Myleene Klass stuns in racy knee-high boots before slipping into a slinky black number as she hosts Christmas lights event in London




▶Chic Marion Cotillard flashes a hint of her toned tum in cropped black and white top for Macbeth screening with Michael Fassbender

She's a Lady




▶A flare for fashion! Jessica Alba rocks some bell bottom jeans as she makes a stylish shopping trip

She rocked it Seventies style




▶Her Sunday best! Subdued Margot Robbie steps out in mesh crop top and pastel shorts as she visits church with her grandfather


At home in Australia



▶Timeless elegance! Dannii Minogue brings gothic glamour to The X Factor Australia semi finals in Victorian style semi-sheer black dress




▶Strictly sexy! Darcey Bussell ditches her glam Saturday night gowns for racy leather ensemble as she switches on Christmas lights in London



▶SEBASTIAN SHAKESPEARE: Will Harry be a royal godfather for twins?



Harry's close friend Jake Warren's wife Zoe gave birth to twins



Hot metal! Jennie Garth shows off her curves in silver skirt and fitted black top at charity event



Former 90210 actress

▶looked festive





▶Showing his softer side! Buff Mark Wahlberg stops to help an elderly woman while running errands  
Actor, 44, showed off his muscled physique


▶Cate Blanchett as you've never seen her before! Chameleon actress transforms into a homeless man and a newsreader in new art project




▶'I do all of it': Loved-up Kylie Minogue, 47, admits to sticking her hand in 27-year-old beau's Joshua Sasse's back pocket and packing on the PDAs




▶First pictures of new The Voice panel emerge as they welcome back winner Steve McCrorie to the set... after Ricky Wilson revealed he's quitting next year




▶'I have never and never will!' Lorde hits back at claims she lip-synced her performance with Disclosure on Saturday Night Live




▶James Van Der Beek tenderly rubs wife Kimberly's bump at charity event... days after announcing they're expecting their fourth child




▶Heel girl! Pregnant Chrissy Teigen steps out with mother in stilettos and sexy slit skirt  
She's not ditching her glam get-up just yet




▶Winter wonderful! Alessandra Ambrosio wraps up in furry vest for an indulgent dinner days after Victoria's Secret show




▶SPOILER ALERT: Daryl Dixon hears scratchy plea for help on The Walking Dead... sparking speculation about Glenn's fate  
Drama continues...




▶Rumoured I'm A Celeb contestant Vicky Pattison denies breaking ex-boyfriend Ricci Guarnaccio's nose with her handbag during heated dispute




▶Amber Rose squeezes her famous curves into corset-style swimsuit while her pal Blac Chyna goes topless in bathroom selfie  
Certainly no wallflower





▶That's a bit racy for church! Gwen Stefani dresses in her Sunday best leather trousers as she takes her three boys to a service  
Family time



▶SPOILER ALERT! The Leftovers appears to kill off MAJOR character in shocking episode  
The surprising turns of events came without warning



Super(model) mom! Gisele Bundchen plants  
▶sweet kiss on her daughter Vivian as she is on full mommy duty during family trip to park  
Quality time



► Cozy in the city! Emma Stone wards off autumn chill in stylish long coat and scarf as she grabs coffee with friend in New York

Winter with style

► Battle of the boots! X Factor's Fleur East and Sean Miley Moore go head-to-head in raunchy footwear on-stage at London gig

Who wore it best?

► Strictly reunion! Pixie Lott flaunts her long legs in a quirky LBD as she joins her 2014 series co-star Thom Evans for dinner

Strictly friends!

► Not so ladylike! Giddy Lily James stumbles out of private club as she uses doting boyfriend Matt Smith as support following fun night out with pals

► Georgia May Foote treats herself to a well-deserved pizza after topping the Strictly Come Dancing leaderboard with highest score of the series

► Blindspot star Jamie Alexander 'being made sick by fake tattoos' covering her entire body

Star allegedly believes her seven-hour tattoos are 'poisoning her'

► Former X Factor winner Sam Bailey sparks outrage on Twitter after calling for the UK to shut its borders in the wake of the Paris attack

► Tearful Madonna leads a moving on-stage tribute and a minute's silence for the victims of the Paris attack - after nearly cancelling her show out of respect

► CBS pulls episodes of Supergirl and NCIS: Los Angeles 'out of sensitivity and respect' for victims of Paris terror attacks

Will be replaced

► Sara Gilbert and wife Linda Perry get baby son Rhodes into the festive spirit with a cute knitted reindeer hat as they head out for family lunch

► Made In Chelsea's Tiffany Watson breaks a sweat in snakeskin-effect leggings as she works out with personal trainer

Keeping trim

► 'Love this game!' An excited Kate Hudson posts snap from the New York Giants' field as she cheers for rivals, the New England Patriots

Lady Gaga is très chic in patterned Chanel jacket and skirt as she sends support to France through social media


Posted message in wake of terrorist attack

► Simon Cowell reveals he is 'not proud' over how he got his friend's wife pregnant...after swiping her on her husband's yacht


Admits his shame

► 'That's what you get for not touching gloves!' Lady Gaga leads criticism of Ronda Rousey for ignoring the sporting gesture before her fight


► **Jennifer Aniston and Courteney Cox were secretly replaced on Friends and no one noticed - until now**  
Stand-ins mistakenly made the final cut




► **Newly single Gigi Hadid looks chic in leather trousers as she leaves club solo after split with Joe Jonas**  
Keeping busy after romance ended




► **'I'll admit to narcissism': Chloe Madeley confesses she takes pride in her appearance and claims 'she never sponges off' Richard and Judy**




► **A hair-raising look! Ewan McGregor debuts quirky shaved hairdo at Los Cabos International Film Festival in Mexico**  
Promoting Last Days In The Desert




► **I know taking HRT has risks - but not taking it scares me far more: Reaching the menopause can feel like a living death, says SARAH VINE**




► **FIRST LOOK: Elle Fanning is out of this world as she starts filming alien role for How To Talk To Girls At Parties... set in London's 70s punk scene**




► **Rowan Pelling's sex column: He only wants sex when he drinks**  
My partner of nine years has always enjoyed a drink, but is reliant on booze to initiate sex



► **New mother Helen Flanagan shows off her toned legs in tiny mini skirt as she enjoys rare night out in Birmingham**  
Welcomed baby daughter in June



► **At last! An easy way to get your man to lose his love handles: Just one problem, he'll enjoy it so much, and be so smug, he'll drive you MAD in the process**



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



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
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
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**Health watchdog blew £8.7 million on luxury hotels, dinners and travel expenses for hospital and care home...**

**New antibiotic alert: Doctors hand more and more out even though they can't beat new infections**

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MORE DON'T MISS

▶'Are you f\*\*\*ing kidding me?': Princess Mary's bridesmaid Amber Petty blasts the accuracy of Australian telemovie about the royal love story



▶Claire Foy looks remarkably similar to Queen Elizabeth II on her wedding day... but ruins the effect with her arm in a sling on set of new royal drama The Crown



▶New mother Ashlee Simpson vamps it up on date night with husband Evan Ross in sexy low-cut black maxi dress  
Welcomed their daughter Jagger Snow Ross



▶Scruffy Scott Disick looks relaxed on solo shopping trip... after lining up spokesperson gig for beard-care line just days after leaving rehab



▶Jennifer Hudson says she talks to dead mother in her head 'all the time' as she discusses shocking family triple murder  
Shocking 2008 tragedy



Pamela Anderson puts on a busty display in semi-sheer dress in Ireland as she continues to make a recovery after being cured of Hepatitis C



▶Jenna Dewan-Tatum accentuates her petite curves in stunning green dress as she puts on a sweet display with husband Channing at the Baby2Baby Gala



▶Make-up free Keira Knightley wraps up warm in heavy layers... but can't hide the shock on her face at the chill as she steps out in NYC  
Natural beauty



▶Newly-divorced David Walliams 'pulls out all the stops to impress former Made In Chelsea star Ashley James' as he continues to move on from ex-wife Lara Stone



▶So showbiz, darling! Joanna Lumley and Jennifer Saunders are joined by Krankies star Janette Tough and Jerry Hall for Absolutely Fabulous filming



▶Gigi Hadid flaunts her incredible model figure in skinny jeans teamed with chic accessories as she steps out in New York  
Nailed the look



▶The Perfect friends! One Direction heartthrob Niall Horan



▶ **Heartthrob Matt Moran enjoys fun night out with close pal James Corden in London**  
Night on the tiles

▶ **Selma Blair highlights her super-svelte figure in slinky black dress with a daringly low-cut neckline at the Baby2Baby Gala**  
Skinny minny

▶ **Jackass star Vincent 'Don Vito' Margera dies aged 59 after years battling kidney and liver failure**  
MTV-star uncle of Bam Margera passed away

▶ **Would you guess it's M&S? From daring hero pieces to hidden winners, the High Street store's got plenty of bold new looks - if you can track them down**

▶ **Heralding the festive season! Kylie Minogue unveils Liberty London's Christmas window display... before jetting to Australia for live X Factor performance**

▶ **David Beckham cuts a dapper figure in a smart navy suit for Old Trafford UNICEF match after-party**  
Beckham just gets better with age

▶ **Rob Lowe DEFENDS Paris attack tweets after being slammed for 'disgusting and inhumane' comments about the terrorist attacks in Paris**

▶ **Ray of sunshine! Glowing Jessica Alba dresses her slender figure in vibrant yellow gown as she attends the Baby2Baby Gala**  
Healthy life, happy body

▶ **John Travolta cuts a dapper figure as he joins wife Kelly Preston at Life on the Line premiere during Napa Valley Film Festival**  
Back on the red carpet

▶ **Racy Rita Ora flaunts her toned abs and bra in fishnet body stocking as she and Cheryl Fernandez-Versini lead the stars leaving after The X Factor**

▶ **Hats off to her! Adele cuts a stylish figure in wide-brimmed trilby as she steps out in NYC... as she talks about finding 'deep and true' love with boyfriend**

▶ **Australian actor Joel Edgerton cuts a dapper figure as he graces the red carpet at the Governors Awards... as the Loving star is tipped to nab an Oscar**


▶ **Accessorise all areas: From a posh pinafore to utility chic and preppy, we show you the three ways to wear khaki**  
There are many ways to style it up

▶ **Now doctors at Holby City say they'll strike: Actors vow to join junior doctors on picket line in row over new contracts for medics**  
Actors join the fight


▶ **Unlucky-in-love Danniella Westbrook joins popular dating app Tinder 'as she continues to look for Mr Right'**  
Still looking for her Prince Charming

▶ **Can sleeping in your make-up be good for**


you? Writer takes on challenge after beauty guru admits she's NEVER seen without slap




▶ Teenage size eight catwalk model quit one of the world's biggest agencies after it 'told her to lose weight to get more work'  
Model, 17, was 'too fat'




▶ Prince Charles tells shoppers to buy British food - but his own brand uses at least 32 kinds of fruit and veg from abroad  
Different rules for royals




▶ Jeff Goldblum, 63, cradles his son Charlie Ocean as he enjoys casual lunch outing with wife Emilie, 32, and friends  
30-year age gap



▶ Rosie looks rosy! Huntington-Whiteley shows off her stunning model figure in pretty pale pink mini-dress at Baby2Baby Gala  
Sweet as candy




▶ Jill Duggar shares home videos of son Israel crawling and standing up as sister Jessa Duggar reveals infant son Spurgeon Elliot's cute nickname




Bond and his girl: Daniel Craig wraps an arm around beautiful Rachel Weisz as she dazzles in black and red


▶ gown at Governors Awards




▶ Carey Mulligan dazzles in a sequin-embellished gown as she showcases her amazing post-baby body at the Governors Awards  
Gave birth in September




▶ Good Lorde! Kiwi singer flashes a glimpse of her bra in plunging top as she heads to SNL after party with supermodel Karlie Kloss




▶ Mothers of style! Reese Witherspoon and Gwen Stefani bring vintage glamour as they leads stars at Baby2Baby Gala event  
Glamourama mama!




▶ 'We need to have some serious discussions about diversity': Spike Lee says its easier for a black person to become President than head of a movie studio




▶ Pretty in pink! New mom Jessica Biel turns heads in dramatic prom dress at star-studded Baby2Baby gala  
Showed her support at charity event




▶ 'The jungle will be less stressful than my divorce!' Dragon's Den star Duncan Bannatyne says he's ready to face his fears on I'm A Celebrity




▶ TOWIE star Lydia Bright reveals she would NEVER propose to boyfriend Arg saying 'it's not up to me' (but he'd better do it in the next two years)



▶ Rooney Mara showcases her quirky style in sheer ruffled skirt and military jacket at Governors Awards  
Interesting combination




▶ Sarah Hyland dazzles in form-fitting navy dress as she heats up



...ress to one knee up the red carpet at Seth MacFarlane's Christmas bash

Leading the glamour



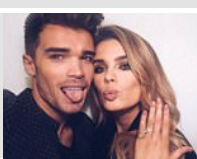
►Stylish over 60! Helen Mirren, Jane Fonda and Meryl Streep show Hollywood's new starlets how it is done at the Governors Awards

Class is ageless




►'She said yes!': Union J's Josh Cuthbert announces his engagement to model Chloe Lloyd on Instagram

Beeline for marital bliss




►'You'll get gravel rash!' Did Prince Frederik really propose to Mary by the side of the highway in Tasmani?


Claims in new Australian TV show



►Rolling with the punches! Leather-clad Ruby Rose takes in UFC boxing match... after social media controversy over Paris terrorist attacks




►A royal farewell: Prince Charles and Camilla, Duchess of Cornwall wave goodbye to Australia as they board plane after six-day tour




►Kourtney Kardashian flashes cleavage in chic trousersuit at charity gala... hours after being spotted with ex Scott Disick at event

Support at fundraiser




►'You my trophy man': Porsha Williams throws party to introduce new boyfriend on The Real Housewives Of Atlanta


Young divorcee is moving on




►Rockstar lifestyle! 5 Second of Summer's Luke Hemmings gets mobbed outside a Sydney cafe... after the band tops Billboards hottest under age 21 list



►From a galaxy far, far away... to Sydney Opera House! Harrison Ford to make FIRST Star Wars promotional appearance in Australia ahead of imminent premiere




►'I just didn't think of the timing': Kerry Katona issues public apology after sharing pic of daughter with a toy gun...the day after Paris massacre




►Leggy Katharine McPhee shows off her slender curves in sexy black thigh-high slit dress at Seth MacFarlane's Christmas bash



►Billie Lourd accepts honour on grandmother Debbie Reynolds' behalf as she is supported by mother Carrie Fisher at the Governors Awards




►Alan Sugar 'got Nokia phones fired from EastEnders after becoming frustrated over product placement' on BBC show




►'Come to Daddy': Kylie Jenner wears provocative T-shirt as she joins pal Willow Smith at music festival in LA

Tied underneath her bust




►Twice as nice! Kerry Washington pulls double duty in TWO fabulous dresses as she party hops in LA


Some might have just stuck with one outfit




►Leading lady! Cate




Blanchett stuns in black velvet trousers and matching ruffled top at The Governors Awards in Hollywood




▶ Daniel Radcliffe greets fans in Mexico City as he joins co-star James McAvoy to promote horror film Victor Frankenstein  
Casual look




▶ Feeling yourself? Kanye West breaks cardinal musician rule by wearing his own merchandise as he flies into LA following yet another footwear launch




Bindi Irwin is hand in hand with boyfriend Chandler Powell as she visits Dancing With The Stars studio... after paying tribute to him with smitten message




▶ 'We stand with you': SNL and guest host Elizabeth Banks skip opening skit to deliver moving tribute to victims of Paris terror attacks




▶ Second innings? Liz Hurley fuels romance rumours with ex-boyfriend Shane Warne as she watches him play at All Stars cricket match in LA




▶ A true English rose! Kate Winslet looks gorgeous in sophisticated all-black outfit for star-studded Variety event  
Fresh and elegant




▶ Justin Bieber wins Halo Hall of Fame Award and asks for moment of silence to honour victims of Paris attacks  
Inaugural winner of the Halo Hall of Fame Award




▶ Cheryl Fernandez-Versini shows her elegant side in flowing skirt and racy jacket as Rita Ora dresses up in satin and tulle for Movie Week on The X Factor




▶ Che Chesterman steals show (and Rita Ora's affections)...as 4th Impact's Celina nearly COLLAPSES following energetic performance on X Factor




▶ Liv Tyler dresses up in glam coat and tiny shorts as she joins Dave Gardner at David Beckham's star-studded UNICEF match after party




▶ Football's not for you then? Sleepy Harper Beckham yawns as she and her older brothers support David at his Old Trafford return




▶ Children in Need raises a record £37 million as Dermot gets seal of approval after stepping in for a poorly Terry Wogan  
Eclipsed 2014's total




▶ 'It sickens me': Ariel Winter hits back at body-shamers who criticized her for posting bikini photo with her two young nieces  
Modern Family star



▶ Show stopper! Kym Marsh displays her cleavage in plunging body-con dress as she ups the glam-factor at the Royal Television Society Awards



▶ She's only 18! Kylie Jenner shows off her



Summer shows off her new \$20,000 Hermès Birkin bag in arty Instagram snap

Big sister Kim already has several



Spending time together! Kourtney Kardashian is spotted with Scott Disick at Malibu book party just days after he left rehab

Side by side



Ariel Winter attends Disney event in cut-out ensemble after hitting back at critics who shamed her for bikini photo with her nieces

Looking lovely



GIRL ABOUT TOWN: Steve Coogan, 50, gets serious as he continues to 'settle down' after falling for 30-year-old Downton Abbey actress Daisy Lewis



Head to head! Tony Hadley and Susannah Constantine are named team leaders as the I'm A Celebrity...Get Me Out Of Here campmates face first challenge



Shane Warne embraces ex-fiancée Elizabeth Hurley as they enjoy an affectionate reunion in Los Angeles following triumphant All Stars display



Daddy's little fireman! Fergie shares sweet photo of son Axl in costume on Josh Duhamel's 43rd birthday

'Let's fire it up for your birthday daddy!!!'



Like father, like son! Brooklyn Beckham joins sportsman dad David on the pitch at Manchester's Old Trafford for UNICEF game



'I think my sister's drunk!' Neighbour's Olympia Valance shares dishevelled photo of sister Holly after the pair reunite in London

Celebrity sisters



Imogen Anthony hits back at fans over her tributes to Paris... after posting picture of herself topless in a balaclava and making a gun gesture as terror attacks unfold



Should've Taken it off! Liam Neeson gets hot and bothered under suit jacket at the Los Cabos film festival as he talks about his new role in Martin Scorsese film



Ab-solutely flawless! Rachael Finch shows her rock-hard stomach and defined arms in a bikini as she explores Western Australia with James Tobin



A very warm welcome to the jungle! Union J's George Shelley greets Hollyoaks beauty Jorgie Porter with a kiss as I'm A Celebrity contestants head into camp



Cara Delevingne, the £8million cash cow: Model is making a fortune fronting endless ad campaigns but can you guess which is which?





'I'm so sorry!' A disappointed Jay McGuinness apologises to dance partner Aliona Vilani as he trips up during romantic Foxtrot on Strictly



X Factor reject Kiera Weathers suffers


▶embarrassing nip slip as she puts on an energetic performance at G-A-Y in plunging jumpsuit  
A bit too plunging!






▶ Leaning on friends! Gigi Hadid smiles as she spends time with pal Anthony Smoller at basketball game in NY after Joe Jonas split  
In great spirits


▶An Englishman in New York: Daniel Day-Lewis and wife Rebecca Miller make a quirky-looking couple as they head out to breakfast in the Big Apple




▶ Fresh off the runway! Kendall Jenner is a fashionable flyer in all black as she returns home in LA after dream gig at Victoria's Secret show




▶No playing the field here! Mark Wahlberg and wife Rhea Durham sneak in a kiss as they take their children to soccer  
Still in love




▶Katie Price and husband Kieran Hayler share a steamy smooch as she shows off some serious leg in thigh-skimming mini skirt during night out




▶ Fan girls at the ready! Chris Hemsworth opens competition for admirers to attend In The Heart of The Sea premiere as his date




▶Come And Get It! Selena Gomez puts her sprawling six bedroom Calabasas estate on market for a cool \$4.5million  
Moving on out




▶Florence and The Machine halts Sydney concert to hold minute of silence after Paris terrorist attacks... and dedicates song 'You Got The Love' to victims




▶'It feels like a family. There is no play acting. It's pure love': Sue Perkins on the joys of Bake Off




▶FOREVER BEAUTIFUL: Elsa McAlonan shows you how to nail the perfect polish  
As manicure devotees know, preparation is as important as polish



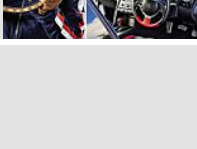
▶'It all happened in my 50s. I have a son and then I lose my mother. It changes you. I'm still going through it': Simon Cowell on fatherhood, fortune and X Factor




▶CHRIS EVANS: No one buys a Nissan GT-R to do 0-60 in 2.7 seconds on the school run. Do they?



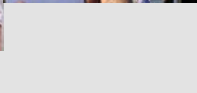
It's a slam dunk! Chris Brown puts his skills to the test as he films his latest music video on a basketball court in LA



▶The 26-year-old rapper was dressed for the part



▶Make-up free Megan Gale flaunts her enviable figure in



envious figure in plunging sun dress... after sporting monochrome bikini for day out in Fiji

▶ Roger Federer just CAN'T miss: Swiss star agreed to flail at table tennis ball for advert - but just couldn't let himself be beaten  
Couldn't help himself



▶ Princess Diana's former bodyguard says he tried to save her from former lover James Hewitt and warned her about writing to him  
Bodyguard tells all



▶ 'It's been a rocky ride': Chanelle McCoy talks about the ups and downs of life with legendary jump jockey AP  
Not without hurdles



▶ Julianna Margulies shines in black as she joins stars supporting Michael J Fox at his gala to fight Parkinson's disease



▶ The new queens of the small screen: From Kaley Cuoco to Lena Durham, the TV actresses commanding Hollywood salaries  
Small screen, big money



▶ Amy Childs puts on a busty display in plunging lace dress as she attends Ideal Home show in Manchester  
Pulling out all the promotional stops



▶ Retro Rumer! Ms Willis looks ladylike in vintage polka-dot dress with leopard hat as she films new musical in Central Park  
Working on new musical



▶ Bigger bust and smaller thighs in one jab: It takes flab from your legs to boost your boobs. Is this the perfect cosmetic op?



▶ Former winner Ola Jordan 'quits Strictly Come Dancing after 10 years over loyalty to sacked husband James'  
James Jordan, 37, was sacked in 2014



▶ RACHEL JOHNSON: Nanny knows best... about how to steal your husband  
Revelations of an affair with the nanny hardly breaks the internet



▶ GIRL ABOUT TOWN: Ben Cohen slashes the price of his marital home so he can 'start afresh' next year  
Ben is dating his Strictly partner Kristina Rihanoff



▶ 'How we stay in Strictly shape': The dancers with the most-watched bodies in the UK reveal their food and fitness regimes  
Envious bodies



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